

“We used to be happy, but my husband started to control what I wore, who I saw and where I went. He said he was just worried about me, but I felt trapped and scared. He never hit me, so I didn't think I was being abused.”

**Joanne** - victim of domestic abuse

For help and further information visit  
[www.gatesheadsafeguarding.org.uk](http://www.gatesheadsafeguarding.org.uk)



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